
SKILLS CANADA BRITISH COLUMBIA

2020 PROVINCIAL COMPETITION
Contest Description
Aesthetics Post-Secondary





Skills Canada British Columbia

2019 PROVINCIAL COMPETITION

SCOPE DOCUMENT

| SCOPE DOCUMENT | |
|----------------------|-----------------------------------|
| Competition Year | April 2020 |
| Competition Location | Abbotsford Tradex, Abbotsford, BC |
| Trade Name | Aesthetics/ Skin & Body Therapy |
| Level | Post - Secondary |

1. INTRODUCTION

1.1 Purpose of the Challenge.

The principal function of an aesthetician/skin & body therapist is to give skin and body care to persons with the main purpose of improving their appearance, health of their skin and body as well as giving the people a physical and psychological wellbeing. By general means, the essential part of this work is to treat different parts of the body including specific care to the skin on the face and body, specific care for the hands and feet, specific care of the body, and the application of makeup, while demonstrating professionalism and sanitation, which includes organized daily cleaning and tiding of apparatus and equipment.

1.2 Duration of contest.

The duration of the contests is 6 hours



1.3 Skills and Knowledge to be tested.

- **Facial**

The competitor will demonstrate a mini facial, followed by the application of corrective base makeup

- **Gel Manicure with nail art**

The competitor will demonstrate a gel manicure on all ten fingers, and will duplicate the nail art on the right hand only.

- **Body Therapy Treatment**

The competitor will demonstrate knowledge and understanding of a body treatment including cleansing and exfoliation of the back, and hot stone massage on the front of the body.

- **Creative Makeup – Shanghai Theme**

The competitor will demonstrate a creative makeup look with a Shanghai theme. The creative makeup will be included on the face, neck and décolleté of the model. The Shanghai theme will be displayed on their 12x16 vision board.

2. CONTEST DESCRIPTION

2.1 List of documents produced and timeline for when competitors have access to the documents.

| DOCUMENT | DATE OF DISTRIBUTION VIA WEBSITE |
|------------------------------------|----------------------------------|
| Test Project & Contest Description | January 2020 |
| Nail art | January 2020 |
| Product List | January 2020 |
| Consultation Forms | January 2020 |

2.2 Tasks that may be performed during the contest

Gel Manicure with Nail Art

- Objectives: Perform a manicure which includes; nail shaping, cuticle work, arm and hand massage, and application of gel polish.

The Nail art to be applied according to Test Project posted on Skills BC website.

Note: Nail art must be free hand using only the nail art brushes supplied by the Sponsor.

Decal, polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way.



Body Therapy Treatment – Hot Stone Massage

Objectives: The competitor, along with the model, will verbally discuss the model release form, and record findings on the provided form.^{2,8} The competitor will perform a back cleanse and exfoliation and a 35 minute Hot Stone massage to the front of the body, to include: feet, front of legs, hands, arms and décolleté.

Creative Makeup (Shanghai theme)

- Objectives: Creative makeup application to the full face, neck, and décolleté according to the Shanghai theme and vision board (12x16)
- Decoration items (gems, glitter, headpiece, jewellery, etc.) may be used, but only to accent the design and cannot be the main focus.

Mini Facial with Base Makeup Application

• Objectives: Perform a mini facial treatment that meets the needs of the client's skin. The skin must be analyzed, findings recorded on the provided technical chart* and the facial must be based on that analysis. The facial component will include: analysis, makeup removal, cleanse, exfoliation, mask application, upper body massage, and application of finishing products. The base makeup application will include: correction, concealing, and foundation application.

*This will be part of the essential skills component.

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.

3. EQUIPMENT, MATERIAL, CLOTHING

3.1 Equipment and Material Provided by Technical Committee Sponsors

All equipment, apparatus and products for facial supplied by Sponsor

- All equipment and apparatus for the treatments will be supplied by SBC
- All products for facial will be supplied by Vancouver Community College
- Foundation, concealer, colour corrector, primer, highlighting, contouring, and translucent powder will be supplied by
- Nail products will be supplied by Vancouver Community College
- Sponsor Educator Information

- Small garbage cans and bags
- Window cleaner
- Cleaning products
- Hand soap
- Paper towel
- Makeup chair
- Aesthetics beds (massage table)
- Trolleys (3 shelves)
- Step stools
- Mag lamp
- Hot Stones and warmers
- Manicure table
- Chairs with back
- White Towels, (3) large and (23) medium
- Nail Art tools
- Gibson Towels
- Blankets (2)
- White flat sheets (2)
- White fitted sheet (2)
- Facial gown or wrap (2) white
- Facial robe (2) white
- Head band (2) white
- Slippers

3.2 Equipment and material provided by the competitor

- Kleenex
- Tweezers
- 1 stainless steel bowl (for facial)
- 1 flexi bowl
- Facial mask brushes
- Hook neck water bottle or small water jug
- Q-tips
- Manicure implements for nail care: only cuticle nippers, nail cutter, toe nail cutter, nail scissors, buffer, orangewood stick, spatulas, and steel pusher.

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- Manicure implements for nail care: only cuticle nippers, nail cutter, toe nail cutter, nail scissors, buffer, orangewood stick, spatulas, and steel pusher.
- Disposable Emery board (nail file) for natural nails
- **Note: Pumice style nail stones used for cuticle removal are not allowed**
- Makeup brushes (all brushes applicators)
- Makeup products for creative makeup look
- Makeup products for base, contour, highlight and correction
- False strip eyelashes and glue
- Makeup sponges
- Scissors for lashes
- Make-up Palette to dispense make-up
- Hair clip or headband (for keeping model's hair secure during make up application)
- Long, black, make up drape for client with no visible logo (to the knee)
- Disposable mascara wands
- Spatulas (for cream, mask, makeup products, etc.)
- Dispensing bowls for all treatments
- Hand sanitizer and disinfecting agents for surfaces, tools and implements
- Facial gauze
- Gloves (non-latex only)
- Finger cots
- Gauze
- Cotton rounds
- Dust mask (Facial protective mask)
- Clipboard
- Pens and pencils
- Competitors must bring a copy of the Contest Description, Test Project and all other documents pertaining to the Aesthetics competition.
- Vision board (12" x 16" dimensions only)

3.4 Required clothing (Provided by competitor)

- Black non-slip, flat or low heel, closed toed shoes with no laces
- Black socks must be worn
- No loungewear or workout gear
- No jewellery which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face
- Competitor must have short, natural nails. No nail extensions, or recent removal of. No nail varnish or coverings.

4. SAFETY REQUIREMENTS

4.1 List of required personal protective equipment (PPE) provided by competitors and used as needed.

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

Note: Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the competitor's competition time.

5. ASSESSMENT

5.1 Point breakdown

| Skill Area | Time | Maximum Mark |
|-----------------------------|----------------|--------------|
| Facial Treatment | 90min | 30 |
| Body Treatment | 90min | 30 |
| Gel Manicure with nail art | 90min | 20 |
| Creative Makeup Application | 90min | 20 |
| TOTAL: | 6 Hours | 100 |

6. ADDITIONAL INFORMATION

6.1 Tie (No ties are allowed)

In the event of a tie, the candidate with the highest score in the “Facial Treatment” competition will be declared the winner.

In the event of a tie in the “Body Treatment” competition, the candidate with the highest score in the makeup competition will be declared the winner.

7. PROVINCIAL TECHNICAL COMMITTEE MEMBERS

| | |
|--------------------------|----------------------------|
| Louise Dannhauer (Chair) | ldannhauer@vcc.ca |
| Yota Ball | ysalatelisball@vcc.ca |
| Lucy Griffith | lgriffith@vcc.ca |
| | |
| Lesley Osborne | Lesley.osborne@viu.ca |
| Nicole Girardello | Nicolegirardello@gmail.com |

